

# California District Implements EmpowerU Summer Program to Provide Needed Credit and Bolster Student Success



Leading MTSS model district uses a whole child lens to focus on student mental health, motivation, and success for rising 9th and 10th graders.

## Situation



As a large and diverse school district in California, Twin Rivers Unified School District is recognized as a national leader in effectively using Multi-Tiered Systems of Support to drive student success.

Post-COVID, more and more students were not succeeding because of non-academic barriers, including mental health. The Twin Rivers MTSS team identified a large group of rising 9th and 10th graders at risk of academic failure and targeted the summer of 2022 as an opportune time to jumpstart their success. Their goal was to find a partner to deliver programming that would help each student **earn much-needed credit while assisting them to learn skills to start the new school year with renewed confidence and motivation.**

## Partnership



Twin Rivers Unified School District had previously partnered with EmpowerU for over a year to provide Educator Mental Health professional development programs. Because these programs had an overwhelmingly positive impact on teacher well-being and engagement, it made sense for the Twin Rivers team to extend EmpowerU programming to their student summer school initiative.

They targeted a 5-week timeframe for rising 9th and 10th graders to complete the full EmpowerU credit-bearing lessons with daily 1:1 student support by EmpowerU instructors. This successful pilot fueled the roll-out of EmpowerU programming to Twin Rivers High School students during the school year.

# Case Study: Twin Rivers Schools

Positive impact on the entire community



## Testimonials

*"This course helped me change my way of feeling very bad daily. My greatest gain was when I learned how to manage stress and make friendships. I am grateful for EmpowerU opening my eyes to things that can help in difficult times and even friendship!"*

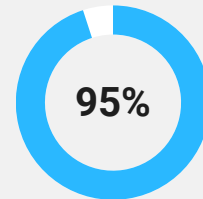
**Middle School Student**

*"I think EmpowerU was a strong program that offered a ton of support for staff and students. Students set out a variety of long-term goals and goals they are hoping to achieve this upcoming school year."*

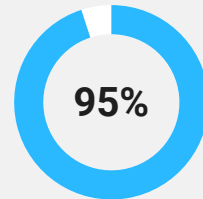
**Twin Rivers Educator**

## Student Outcomes

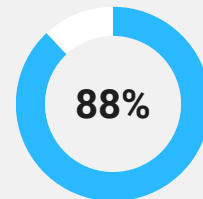
Grades 9 & 10 / Summer 2022



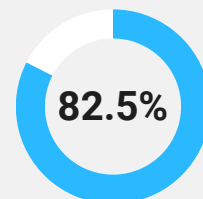
Students who made progress towards their goal



Students who rated EmpowerU 1:1 Coaching as a factor of their success



Students who rated EmpowerU as helpful to their well-being



Students who would recommend EmpowerU to a friend